



Ravenspeaks

Making a Difference One Student at a Time

Ravenspeaks provides immersive and interactive learning experiences that aim to amplify the objectives of the SHSM programs across multiple sectors. These specially designed programs enrich students' learning journey by equipping them with new skills, nurturing their emotional and behavioral development, and fostering intellectual growth. Additionally, these programs serve as a valuable source of inspiration and offer invaluable insights to students.

SHSM Sector	Program Name	Minutes	Class Size	Cost	Page #
Environmental	The Wonders of Nature An Interactive and experiential Nature-based program	75 min-Part 1	30	\$675	3
		150 min -Part 1 & 2		\$850	
Health & Wellness	Plant Therapy A whole-body approach to healthcare	75 min-Part 1	24	\$675	4
		150 min-Part 1 & 2		\$850	
	The Stories that Shape Us Exploring the Power of Personal Narratives	75 min	30	\$675	5
		150 min- Part 1 & 2	30	\$850	
Hospitality and Tourism	Plant Therapy A whole body approach to healthcare	75 min- Part 1	30	\$675	6
		150 min Part 1 & 2	30	\$850	
	The Wonders of Nature An Interactive and experiential Nature-based program	75 min- Part 1	30	\$675	7
		150 min Part 1 & 2	30	\$850	

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Arts & Culture	The Stories that Shape Us	75 min Part 1	30	\$675	8
	Exploring the Power of Personal Narratives.	150 min Part 1 & 2	30	\$850	
	The Wonders of Nature	75 min-Part 1	30	\$675	9
	An Interactive and experiential Nature-based program	150 min-Part 1 & 2	30	\$850	
Business	Plant Powered Entrepreneurship	75min Part 1 or 2	24	\$675	10
	A workshop on whole-body wellness and creating your own business.	150 min- Part 1 & 2	24	\$850	



"Ravenspeaks Programs: Building Confidence and Skills for Personal Growth"

Ravenspeaks programs empower students to acquire both knowledge and skills that enable them to develop a sense of competency and capability across various areas, with the ability to apply these skills in practical, real-life situations. This, in turn, boosts their self-confidence and provides a sense of achievement, offering opportunities for personal growth.

SKILLS ACQUIRED through Ravenspeaks Programs include:

Teamwork/Communication – Stress Management Techniques – Responsible Decision Making - Time management Skills – Listening Skills – Behavior Management – Project Management – Networking Skills – Critical Thinking skills – enhanced creativity – interpersonal skills, empathy, and appreciation for diversity which are all skills that are essential for success in today's global world.

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SHSM – ENVIRONMENT SECTOR

According to projections, employment opportunities in the environmental sector of Canada are set to expand by 8.1% between 2019 and 2029, creating 50,100 fresh job openings. As a significant portion (almost 30%) of the current environmental workforce is expected to retire from their predominantly mid to senior-level positions, this growth will pave the way for career advancement opportunities for existing and upcoming workers. Engaging in the WONDERS OF NATURE PROGRAM will enable students to cultivate skills crucial for securing a promising career in this field.

THE WONDERS OF NATURE PROGRAM

INTERACTIVE AND EXPERIENTIAL

Consisting of two parts, this program offers a platform for students to engage with the natural world via immersive, multisensory activities that leave a lasting impact. Through this, students can strengthen their connection with nature, deepen their understanding of the challenges faced by the environment we rely on, and learn about actionable steps that can be taken to enhance and preserve it.

PART 1 -The program's first segment aims to develop an understanding of the interdependence between humans and the plant world. It highlights the importance of valuing and respecting nature's offerings for our holistic well-being. Students will be introduced to the concept that there are no 'weeds,' and every plant serves a purpose. Cedar, one of the most significant medicinal plants, will be specifically discussed. Through an interactive experience, students will learn about the various uses of Cedar, such as Cedar Tea and nature's toothbrush, which will serve as an engaging and educational activity.

PART 2 -The second part of the program centers around 'Nature's Calendar.' It sheds light on how the turtle held the knowledge of the land's natural rhythm before the Gregorian calendar was introduced. Students will be introduced to the Turtle and its direct connection to the moon, tides, and the natural world. They will learn about the turtle's back, which represents 'Nature's Calendar' and consists of 13 moons/28-day cycles. Students will have the opportunity to create their clay turtles and take a pledge to become responsible stewards of the land. All necessary materials will be provided for this activity. This immersive experience is sure to leave students informed and inspired.



SHSM – HEALTH AND WELLNESS SECTOR

There are countless occupations in the health and wellness sector, ranging from kinesiologists, child care workers, and audiologists to fitness instructors, doctors, nurses, physiotherapists, youth care workers, hospital porters, and medical technicians. For each of these professions, the PLANT THERAPY and STORIES THAT SHAPE US programs are highly suitable, providing students with an excellent chance to jumpstart the acquisition of the essential skills needed for a successful career in this field.

PLANT THERAPY PROGRAM

INTERACTIVE AND EXPERIENTIAL

Our bodies can experience dis-ease in multiple ways, and there are diverse methods for treating it. In this program, students will delve into plant-based remedies using essential oils as they engage in self-discovery and experimentation, gaining a better understanding of how holistic medicine can contribute significantly to the process of well-being.

PART 1- To kick off our journey, we will cultivate an understanding of a comprehensive approach to healthcare by involving our mind, body, heart, and spirit. Cedar, one of the most valuable medicinal plants, will be introduced. Through interactive activities such as using Cedar body oil, sipping Cedar tea, and utilizing nature's toothbrush, we will be both entertained and educated, gaining insights into how our senses (sight, hearing, taste, smell, touch) are directly linked to the way our bodies respond to healing.

PART 2 – Through this interactive and experiential session, students will be introduced to more than 20 essential oils, empowering them to prescribe and create personalized healing remedies that cater to their specific requirements. This process will leave students feeling revitalized, enthusiastic, and self-assured in their newfound ability to improve health and well-being with the help of plant-based remedies. (All materials will be provided.)



THE STORIES THAT SHAPE US

EXPLORING THE POWER OF PERSONAL NARRATIVES

PART 1 – During our time together, Raven will impart her knowledge as a storyteller and reveal how she has utilized storytelling to motivate, instruct, and amuse audiences throughout this great province. By means of lively conversations and interactive exercises, students will gain insight into various forms of storytelling, such as oral traditions, written literature, and music.

We'll also delve into the significance of storytelling in diverse cultures and how it has served as a means to pass values, beliefs, and customs. Students will examine the relevance of storytelling in modern-day society, including its ability to generate empathy, cultivate a sense of community, and promote social change.

As our session comes to an end, an intriguing and stimulating task will be presented, encouraging students to explore diverse approaches to storytelling by sharing their distinctive narratives. This assignment offers valuable perspectives and avenues for students to display their inventiveness and storytelling abilities.

PART 2- Continuing the storytelling program, students will embark on a step-by-step storytelling journey, exploring various methods of conveying a narrative and determining which approach best suits them. This offers a distinct chance for students to engage with their story and interpret it in a meaningful way. The purpose of this assignment is to encourage students to reflect on their personal life experiences and share their unique stories in a manner that fosters self-awareness, personal development, and connection with others.

As a group activity, a storytelling bag exercise will spark students' imagination and sense of humour, unleashing their inner storyteller.



SHSM – HOSPITALITY AND TOURISM SECTOR INTERACTIVE AND EXPERIENTIAL

The tourism sector boasts over 400 job options, which is a significant advantage for employees. Moreover, careers in tourism often provide opportunities for professional growth, transferable skills, and ongoing training. For individuals pursuing employment in this field, the PLANT THERAPY PROGRAM and THE WONDERS OF NATURE PROGRAMS are highly beneficial as they offer an ideal starting point for skill development essential for a successful career in this industry.

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PART 2 -The second part of the program centers around 'Nature's Calendar.' It sheds light on how the turtle held the knowledge of the land's natural rhythm before the Gregorian calendar was introduced. Students will be introduced to the Turtle and its direct connection to the moon, tides, and the natural world. They will learn about the turtle's back, which represents 'Nature's Calendar' and consists of 13 moons/28-day cycles. Students will have the opportunity to create their clay turtles and take a pledge to become responsible stewards of the land. All necessary materials will be provided for this activity. This immersive experience is sure to leave students informed and inspired.



SHSM - ARTS AND CULTURE SECTOR

The Canada Council for the Arts recognizes that arts and culture are critical components of the modern global economy, not solely for their entertainment value but also for the skills they impart to individuals. Engaging in the **STORIES THAT SHAPE US** and the **WONDERS OF NATURE PROGRAMS** will enable students to initiate the acquisition of essential skills needed for a career in the Arts.

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SHSM – BUSINESS SECTOR

The SHSM Business Course could focus on entrepreneurship, finance, accounting, retail, marketing, international business, economics, management, administration, or event planning. Many of these occupations are well-suited to the PLANT POWERED ENTREPRENEURSHIP PROGRAM, which offers an excellent chance for students to initiate the development of skills necessary for a successful career in this sector.

PLANT POWERED ENTREPRENEURSHIP

INTERACTIVE AND EXPERIENTIAL

The term "entrepreneur" refers to an individual who utilizes innovative thinking to launch a business endeavor. This program provides students with practical, hands-on opportunities to develop, promote, sell, and distribute products.

Part 1- we will emphasize the holistic market by creating awareness of a whole-body approach to healthcare and the significance of product knowledge. Students will be introduced to over 20 essential oils, after which they will individually prescribe and concoct their personalized essential oil remedy. (All materials will be provided.)

PART 2 - As a continuation of part 1 of our Plant Powered Entrepreneurship program, we aim to cultivate the entrepreneurial spirit by teaching students how to market their products effectively.

To achieve this, we will introduce a business plan outline, guiding students through naming their product, selecting a business name, creating a logo, and writing a vision statement. Additionally, we will cover market research techniques, including understanding demographics and marketing strategies, to help students determine the ideal target audience for their product.