



Ravenspeaks

Making a Difference One Student at a Time

Hello there, I'm Raven! As an experienced educator and dynamic speaker, I firmly believe that building a deeper connection between students and nature is vital for their growth and development. I've had the privilege of leading interactive and experiential programs for schools across the province, catering to the unique learning objectives of students in elementary and secondary grades.

The following programs are tailored to meet the diverse needs of students and encompass a range of subject areas, including science, arts, and social studies. With my guidance, your students will gain valuable insights, inspiration, and skills that will benefit them for life.

So why not join me on this exciting journey? Contact Ravenspeaks today to learn more about these Nature Based Programs and how I can enhance your students' learning experiences.

SECONDARY LEVEL PROGRAMS

Program	Minutes	Class Size	Cost	Page #
Celebrating Cedar An interactive experience with the plant world.	75 min Part 1 150 min Part 1 & 2	30	\$675 \$850	2
Stories that Shape Us Exploring the Power of Personal Narratives.	75 min Part 1 150 min Part 1 & 2	30	\$675 \$850	3
Teachings from the Plant World A Workshop on Whole-Body Wellness and Creating Your Own Business. (Plant Powered Entrepreneurship)	75 min Part 1 150 min Part 1 & 2	24	\$675 \$850	4 & 5



Celebrating Cedar Program

INTERACTIVE AND EXPERIENTIAL

The Celebrating Cedar program provides a unique opportunity for students to engage with nature through hands-on, multi-sensory activities that foster a lasting connection with the environment. By raising awareness and promoting respect for the natural world, students gain a deeper connection and understanding of nature's vital role in our daily lives.

PART 1- Through engaging storytelling, students embark on a journey to explore the many uses of Cedar, one of the most important medicinal plants, and soon discover that every plant on the planet serves a purpose, debunking the concept of "weeds." With interactive experiences like making cedar tea and learning about nature's toothbrush, students are both entertained and educated about the many benefits of Cedar and how the natural world holds an abundance of gifts for each of us.

PART 2- Students create their own personal cedar-scented medallion using earth clay infused with cedarwood essential oil providing a pleasant and calming aroma. It can be worn as a necklace or kept in a pocket or bag as a reminder of the positive impact of nature on the body, mind, and spirit. This very engaging activity induces a sense of well-being and connection as students come away with wonder and respect for the natural world.



"Stories that Shape Us" Exploring the Power of Personal Narratives

PART 1 – During our time together, Raven will impart her knowledge as a storyteller and reveal how she has utilized storytelling to motivate, instruct, and amuse audiences throughout this great province. Using lively conversations and interactive exercises, students will gain insight into various forms of storytelling, such as oral traditions, written literature, and music.

We'll also delve into the significance of storytelling in diverse cultures and how it has served as a means to pass values, beliefs, and customs. Students will examine the relevance of storytelling in modern-day society, including its ability to generate empathy, cultivate a sense of community, and promote social change.

As our session ends, an intriguing and stimulating task will be presented, encouraging students to explore diverse approaches to storytelling by sharing their distinctive narratives. This assignment offers valuable perspectives and avenues for students to display their inventiveness and storytelling abilities.

PART 2- Continuing the storytelling program, students will embark on a step-by-step storytelling journey, exploring various methods of conveying a narrative and determining which approach best suits them. This offers a distinct chance for students to engage with their story and interpret it in a meaningful way. The purpose of this assignment is to encourage students to reflect on their personal life experiences and share their unique stories in a manner that fosters self-awareness, personal development, and connection with others.

As a group activity, a storytelling bag exercise will spark students' imagination and sense of humour, unleashing their inner storyteller.



Teachings from the Plant World

A Workshop on Whole Body Wellness and Creating Your Own Business

PART 1 - The human body is susceptible to various forms of dis-ease, and multiple approaches exist to address them. This program aims to provide students with a comprehensive and empowering experience that teaches them about the therapeutic benefits of plants through the use of essential oils.

Through this program, students will explore the world of natural remedies and discover how to customize their own blends using over 20 different plant-based oils, promoting self-care and a greater sense of well-being. This interactive and supportive setting encourages students to take charge of their health and happiness in a fun and engaging manner.

Upon completing the program, students will feel rejuvenated, motivated, and self-assured in their ability to improve wellness and uplift their mood through the plant world. All materials needed for the program will be provided.

Students will have the opportunity to create their own roll-on blends using the essential oils provided, allowing them to tailor their remedies to their unique needs and preferences. This hands-on experience will deepen their understanding of the healing power of plants and enable them to take home their customized blends for personal use.



PART 2

Plant-Powered Entrepreneurship

As a continuation of part 1 of our Teachings from the Plant World program, we aim to cultivate the entrepreneurial spirit by teaching students how to market their products effectively.

To achieve this, we will introduce a business plan outline, guiding students through naming their product, selecting a business name, creating a logo, and writing a vision statement. Additionally, we will cover market research techniques, including understanding demographics and marketing strategies, to help students determine the ideal target audience for their product.

Through this process, students will also learn how to price and budget effectively, creating a solid foundation for their business plan. By the end of the program, students will have a great understanding of what it takes to develop and market a product successfully. They will be equipped with the skills and knowledge necessary to create a comprehensive business plan, which they can use to present their ideas confidently and launch their entrepreneurial journey with purpose and clarity.